



Masaru Emoto's Secret Message From Water

How to use Structured Water to Heal
YOUR BODY, CHANGE YOUR BRAIN
AND CHANGE YOUR LIFE

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The Structured Water Handbook

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Preface

Over the years, we have continued to receive many questions from people about our structured water... about what it is, and how it can help; about how it's different from both tap water, and other types of water on the market. I've written this e-book to assist with answering these questions.

Most importantly, it's to help you understand that our water (as with our iQube technology's scalar field) is *structured*.

What does this mean?

Some water experts, like Dr. Mae-Wan Ho, PhD in Biochemistry, Director of The Institute of Science in Society, and researcher on water for over 20 years, refer to structured water as 'coherent'.

"Being coherent is not being uniform. It is that your actions are completely coordinated with each other. It's like dancing. The best metaphor I can give for it is like all these molecules that are making up cells and tissues and organs – they're dancing together and making music together, so coherently, that they look as if they are locally free. But because they are so sensitive to each other, then they're keeping in tune and in step with the whole."

Dr. Mae-Wan Ho

Whether we call it 'structured' or 'coherent', in water as in life, this structure (or lack thereof) turns out to have a very powerful impact on our health. By the time you've finished reading this booklet, we hope you'll have a much clearer understanding about why and how this is so.

Key factors we will examine in this booklet include:

- ✓ the role of structured water in cellular hydration
- ✓ the role of the pituitary gland
- ✓ water and dis-ease
- ✓ the research behind what water is
- ✓ how it best hydrates you
- ✓ and why structured water is the healthiest choice you can make...

All of our water formulae were designed with Masaru Emoto's guidance, collaboration, and inspiration.

We will always be grateful to Dr. Emoto for his support and love in our co-creative work with water. Masaru Emoto was a genius, inspired visionary, and innovative collaborator, and we honor his memory, his brilliance, and his work.

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CHAPTER 1 - East Meets West, in the Search for the Highest Quality Structured Water: The Story of Our Long Collaboration with Masaru Emoto...

Why Did Masaru Emoto, Featured in “What the Bleep Do We Know”, and Author of New York Times Bestseller “Messages from Water”, Travel Half-way Around the World to Track Down Robert Lloy, Creator of Our Structured Water?

How did this pivotal historical moment happen, when two of the grandfathers in the structured water movement came together?

It was 2003, and Masaru Emoto was on a mission... We were sitting in our home in Oxnard California, when we were approached by New York Times bestselling author of “Messages from Water”, Masaru Emoto.

He’d come to ask for our help.

On this legendary day, there was a shift in consciousness as the worlds of conscious science merged with mysticism. Together, we were about to discover the visual impact that imprinting within the zero point field has, on the hexagonal geometry of living water.

Emoto’s global journey to track us down marked the beginning of our long and fruitful journey together. As Masaru Emoto later described it –

“It was an historical event. On Feb. 12, 2003, I traveled to Oxnard, California to attend a meeting with Robert Lloy, to discuss Scalarwave Technology, and Scalarwave Structured Water™. At this historical meeting, I presented Mr. Lloy with the crystal photography of his structured water formulas.

Later that year, I invited Robert Lloy to form a partnership which I named EmLloy, in honor of our surnames, Emoto and Lloy.



Masaru Emoto, Robert Lloy, Helena Reilly

Mr Lloy has invented a complex technology and corresponding manufacturing facility which is capable of imprinting coherent frequency information into water, using his zero point energy field technology."

Masaru Emoto

Robert Lloy fills in the behind-the-scene details: "I'd been travelling to Japan to share my scalar wave technology with a Japanese surgeon, who was using it in his clinic. And as a result, Dr. Shivaya had written a 300 page book in Japanese, which recorded the clinical experiences with his clients, while using our scalar wave technology.

Masaru Emoto had thus heard about our scalar wave technology... And more importantly, he'd seen and understood its potential, related to structured water."

Emoto's Dilemma – And Our Unique Solution

Even in those early days, around the turn of this century, Masaru Emoto already knew that structured water is the water most easily absorbed by cells, providing real cellular hydration.

Dr Emoto *also* knew that the secret key in creating perfect hexagonally shaped water concentrates, was in first creating a *stable* structured water molecule.

What he hadn't found yet was a source of stable structured water.

In his research, he'd been experimenting with photographing many possible sources of hexagonal water... including ours which, as his photos demonstrated, creates beautiful hexagonal water molecules.

Masaru Emoto had realized that our structured, hexagonal water was similar in structure to the healing water at Lourdes (which he'd also studied extensively)...

But it's been well-established in the scientific community that the structure of the Lourdes healing water only lasts for about 20 minutes, max. Once it's removed from the spring, it loses its unique geometry and healing power.

After studying and photographing a number of structured water resources, using dark field microscopy, Dr. Emoto believed ours was the highest quality, stable structured water available on the planet...

He'd discovered that our water samples, imprinted with scalar wave technology, *consistently* show the perfect crystalline water structure he'd been looking for.

The photos taken by Masaru Emoto using dark field microscopy in his lab in Japan, showed the perfect crystalline water structure of Robert Lloy's zero point field imprinted structured water.

This resulted in Dr. Emoto, in great excitement, hand delivering those photos to us in California.



Masaru Emoto's dark field microscopy photo of our Indigo Structured water

Subsequently, of course, it's been clearly established that all our formulas *are* stable, due to the imprinting capability of the Scalarwave technology which we use.

This has now been measured scientifically and clinically throughout the world: our structured water appears to have an unlimited shelf life (though we're more governed by the expiration laws of the land, than by this reality).

And since then, of course, our water has gone on to win awards, and garner recognition around the world.

*"Water is indeed the basis of a new quantum science. Basic biology and health are poised for a revolution. Liquid crystalline water is the key... Water has always been thought of as boring stuff... But water is [now] at the center stage of cell biology and medicine, consciousness... **It's all down to water.**"*

*Enzymes are what do most of the work in your body. But they couldn't work without water at all.
[Enzymes] speed up chemical reactions by an order of magnitude up to 23 – that means
10 to the power of 23.*

And the reason they can do it is because of water.

Water gives them this flexibility.

This is the biggest lesson – without this kind of flexibility, nothing will work at all.”

Dr. Mae-Wan Ho, PhD in Biochemistry,
Director of The Institute of Science in Society, and researcher on water for over 20 years



CHAPTER 2 - Masaru Emoto's Ground-breaking Work... Discovering that Water Structure and Geometry Respond to Feelings and Thoughts of Love, Kindness and Gratitude

Dr. Emoto and the Quantum Leap of the Water Cure

We're going to challenge your concepts here:

The key is *not* the source or the purity of the water, it is the structure of the water molecule. The reduced size of the *structured* water molecule results in more rapid intracellular hydration.

"Smaller hexagonal units, as opposed to larger, unorganized conglomerates of water, are able to penetrate cells more rapidly, having an overall effect on metabolism, nutrient absorption, waste removal, etc. This increased rate of cell water turnover can be measured with non-invasive Bio Impedance instruments."

(Masaru Emoto, pg 72 – "The Healing Messages in Water").

Masaru Emoto was one of the first of a group of writers and conscious scientists to recognize the substantial impact that hexagonally structured water might have on the personal state of mind, health and wellness of the consumer.

This connection between the water crystals' structure and its potential cellular impact was the beginning of the "quantum healing" paradigm shift that was initiated in the movie (in which his work was featured) "What the Bleep Do We Know!?"

More critically still, Emoto's work demonstrated that a majority of the water we ordinarily drink is *lacking* in organization and hexagonal structure.

Emoto discovered that our use of scalarwaves and sound frequencies had an undeniable ability to create hexagonal rings and to stabilize coherent, structured water. This was the reason he was so excited, in traveling halfway around the world, to bring his photos of our water to us.

This photo of our Super Structured Water was among those hand-delivered by Dr. Emoto:



Structured Water Dark Field Microscopy Photo taken by Dr. Emoto of Super Water

How is Hexagonal Water Different?

Hexagonal water forms an organized crystalline matrix, resembling a honeycomb, with properties, which are different from ordinary water.

Hexagonal water appears to play an important role in biological functions. According to research...

“In the human body, structured and disordered water exist at the same time, and we have shown that the body’s survival rate decreases as the amount of disordered water accumulates.

The greater the amount of structured water in the body, the healthier an individual is, and it is not likely that disease will invade the healthy body.

Once again, an important key to health is the amount of hexagonally-structured water we have in our bodies.

In the end, the one with the most Hexagonal Water wins!”

Dr. MuShik Jhon (“The Water Puzzle” and “The Hexagonal Key: Scientific Evidence of Hexagonal Water and Its Positive Influence on Health!” p. 83)

In developing our structured water, we discovered that when water is exposed to a scalar wave energy field, the formation of the molecules changes shape. It becomes more stable and is more tightly bound compared to normal water.

H₂O molecules don't just float around by themselves. They prefer to form hexagonal structures with each other. It is within these structures that the cells take "imprints" of whatever they come into contact with—whether it's toxins, plants, rocks, or even war, music, or prayer.

Water Has Memory!

The scientific work of the late French immunologist Jacques Benveniste also holds a clue to the mystery. In his "Memory of Water" film, Benveniste explored this topic, and he concluded that water does indeed hold memory. This means, whatever frequency you place in it, is remembered.

As we discussed earlier, this makes the process of finding/creating stabilized structured water more challenging – the water generally reverts back to holding the memories previous to the structuring process. And it was this very challenge which eventually led Emoto to traveling halfway around the world to find us. (Due to the 13 stage process we use, our structured water was the *only* structured water Dr. Emoto could find, which is able to 'hold' the memory of the structured state in water).

From Benveniste's work on water holding memory, further questions then evolved....Can water be imprinted with frequency information? Are there frequencies in the universe that can act as a natural detox for fear? Frequencies that can change water holding fear memories, into more positive emotions held in water?

Masaru Emoto's Next Question About Water: Does Human Emotion Transfer Into Water?

To find answers to these questions, Dr. Emoto next began to study the impact of vibration in terms of words, emotions or frequencies on the structure of the water molecule, using dark field microscopy in his laboratory in Japan.

Emoto's long and extensive work in this arena was able to answer this question, illustrating this amazing phenomenon, by exposing distilled water to certain stimuli (messages), flash-freezing the sample, and photographing it at the moment of crystallization.

Positive messages like “thank you” created beautiful patterns and geometric shapes.

But hateful words created chaotic, disorganized shapes with no discernible patterns.

And when Dr. Emoto combined this discovery with Robert Lloy’s Scalar Wave Technology in 2003, a beautiful partnership was born.

The mission and intent of the partnership was – and continues to be – **Providing Humanity with Structured Water, to Uplift and Raise Consciousness.**



Dr. Emoto celebrates the creation of Hexagonal Water with Robert Lloy and Helena Reilly!

Structured Water and Ageing

According to the late, renowned water expert, Dr. MuShik Jhon the body of a newborn is 100% biowater which is naturally structured, hexagonal water. This natural hexagonal water decreases as you age and is replaced with disorganized (unstructured) water.

Newborn babies experience the fastest water turnover of any stage in life.



Newborn babies also experience the most active metabolism. Hence, the metabolic rate has been correlated with the amount of cell water turnover in the body, and both have been linked with hexagonal water (biowater) health and ageing.

“Aging is a loss of Hexagonal Water from organs, tissues and cells, and an overall decrease in total body water.”

Dr. MuShik Jhon

The human body is comprised 70% of water. 60% of that is found inside the cells (intracellular) and 40% outside of the cells (extracellular). And it is estimated that blood is approximately 83-90% water. *Water is essential to wellness.*

Since ageing *also* means it becomes more challenging for water to cross the cell membrane walls to rehydrate us, faster, more efficient transit of water through cell membranes becomes particularly important as we age.

When seen from this perspective, cell water turnover and hexagonal water become critical markers for wellness, health and longevity.

Drinking water that has a high percentage of hexagonal ring structures is the only way to replace this biowater as you age. But where do you find it? And how do you measure it?

These were among the questions Masaru Emoto studied. His work with our water provided answers to these questions.

He discovered that certain energetic and vibrational influences, such as the zero point field, created by our scalar energy vortex Miracoil technology, have the potential to successfully restore the biologically preferred hexagonal matrix of water, as evidenced by the structure of the water crystals he photographed from our water concentrates.



This is the actual dark field microscopy photo of our Indigo Structured Water which was taken in Japan in his laboratory in 2003

Emoto's many photos conclusively demonstrated his findings that our water holds the memory of hexagonal geometry.

Here's another viewing point, this time from water expert Dr. Mu Shik Jhon (author of "The Water Puzzle" and "The Hexagonal Key"), regarding why this matters tremendously, in examining the role of water in ageing/anti-ageing and health:

"An important key to health is the amount of hexagonally-structured water we have in our bodies...

The regular consumption of hexagonally-structured water has been associated with: heightened immune function, rapid hydration, efficient removal of toxins, better nutrient absorption, longevity, weight loss and greater overall health...

Ageing is a loss of Hexagonal Water from organs, tissues and cells, and an overall decrease in total body water... In the end, the one with the most Hexagonal Water wins!

...[Alternatively] when the structure of the water near cells is compromised, the cells are more vulnerable to external stimuli. Ultimately, cells surrounded by less structured water are weaker and more prone to malfunction and genetic mutation.

This less structured water must be reorganized within the body, in order to be able to penetrate the cell membrane to get inside the cells where it can help flush out toxins and waste.

And this faster transit is particularly important as we age, since aging also means it becomes more challenging for water to cross the cell membrane walls to rehydrate us."

Dr. Mu Shik Jhon, author of "The Water Puzzle" and "The Hexagonal Key"

Emoto's Extensive Water Research Indicates that High Vibrational Structured Water May Influence Your State of Mind and Your Levels of Hydration. It May Help You:

- ✓ Increase Physical Stamina
- ✓ Encourage Mind-Body Balance
- ✓ Increase Focus and Task Completion
- ✓ Promote a Boost in Physical Energy

CHAPTER 3 - The Critical Role of Structured Water in Learning... And What We Did to Help...

Can there be anything more important than assisting those whose mission is to raise and educate enlightened children to be transformational agents, change-makers, and energy-elevators on the planet?

With Robert Lloy's structured water formulas backing his work in Japan, Masaru Emoto then created his "Water for Children Foundation"... and went on to collaborate with his long-time friend, Dr. Makoto Shichida.

Dr. Shichida, world renowned founder of over 350 Preschool Child Academies in Japan, was a passionate spokesperson for the importance of right brain stimulation.

Within the last 15 years, we've gathered information from hundreds of thousands of voice samples and brain maps, including working with children with various learning disabilities... And over the years, *we came to the same conclusion as Dr. Shichida...*

Each side of the brain has its own unique and special abilities. The right side of the brain is intuitive (sometimes referred to as the "image" brain), while the left side of the brain is logical.

Right Brain Stimulation is the Doorway to Higher States of Consciousness

According to Dr. Makoto Shichida, the right brain is the part of the brain we use when we're 'seeing', when we're imagining or dreaming.

Furthermore, the right brain can create mental images from information received from the cells of the body. *This is the basis for extra sensory perception.*

So when Masaru Emoto encouraged us to create the Indigo formula for his life-long friend, Dr. Shichida, to promote right brain learning, we said a resounding "YES!!"

We used the information from thousands of tests we'd done to structure a special water formula to encourage more right brain activity.

We launched this wonderful product through our Emoto Lloy (EMLLOY) series as Indigo water. (You can find out below how to order it). The initial comments surpassed our expectations, and this has continued to be so over the years.

"Since the molecular structure of water is the essence of all life, the man who can control that structure in cellular systems will change the world."

Albert Szent-Gyorgi (winner of the Nobel Prize re: his work with Vitamin C)

CHAPTER 4 - A Vital Part of Our Success: Developing a Clean Room

The US FDA has created rigorous guidelines, to ensure bottled water is free from particulate and microbial contamination. These stringent guidelines are best met within a Clean Room environment.

We had our first Clean Room built in California, where we were living and creating our structured water, even prior to meeting Emoto. And, after developing our joint company, we continued to create our structured water there.

However in 2008, we decided to relocate to Hot Springs, Arkansas...

Why did we up and move our home and our business across the continent? This decision was driven by our passion to use the cleanest crystalline water available, as the base for our structured water concentrates.

Using the Highest Quality Spring Water as Our Base

The water from Mountain Valley Spring Co., sourced in Hot Springs, Arkansas, has since 1871 held a reputation for having healing properties.

Clinical studies undertaken in several hospitals in the 1920's and 30's (in Philadelphia, St. Louis, and New York) all demonstrated therapeutic improvements for patients with rheumatism, liver and kidney disorders. Later studies, after WW2, in Cincinnati, New York, St Louis, Houston and Chicago, also showed a connection between its ability to buffer alkalinity with its low sodium levels.

In spite of the long history of research findings, the water company's claims did not go undisputed. In 1956 the FDA legally challenged Mountain Valley Spring Co., for having exaggerated their claims in advertising the benefits of their water. However, with the long history of solid research findings backing their claims, the Mountain Valley Spring Co. readily won the court case.

And apparently American Presidents agree with the verdict: This has been the water of choice at the White House, from the early 1920's when Calvin Coolidge began drinking it, until the present day.

Additionally, in 2003, the Mountain Valley Spring Co. won the coveted Gold Medal for its non-carbonated bottled water.

Since our quest has always been to provide the best and highest quality possible, *this* was the spring water we wanted to use for our structured water base.

So in 2008, we moved our water plant to Arkansas, where we built a new state-of-the-art Clean Room facility. And we began creating our structured water using Mountain Valley Spring Co.'s renowned water as the base.

Another Way of Understanding the Challenge in Structuring Water

One of Emoto's discoveries, which has since been replicated by scientists internationally, is that water holds memory – it's a living being. (Check out these videos for more information about this: <https://www.youtube.com/watch?v=IlvjKaGEnas> and <https://www.youtube.com/watch?v=R0aLUJscQnM>)

This means that the water you drink either from the ground or purchase from stores, *holds memories of where it's traveled before*.

Some sources are "cleaner" than others, but (aside from distilled water which has been stripped of all memory by the distillation process), they *all* hold memory. This means that, even once it's been structured, ordinarily water usually reverts back to its memory of its pre-structured state.

And finding a way to stabilize structured water, so it *wouldn't* revert, was the very challenge Masaru Emoto recognized.

How We Structure our Water

The best way to stabilize the hexagonal structure in the water is to distill it first. This strips the water of memory, creating a 'tabula rasa', or blank slate, which can then "hold" and stabilize the new memory of the structuring.

So, our process of structuring the water begins with purest of spring water, which is then distilled.

The water is then stimulated for 72 hours using a combination of technologies including scalarwave energy, laser lights, inert noble gasses, and frequency-emitting crystalline ceramic oscillators.

This imprints new information (see our individual formulas below, in Chapter 9, for more details on each of the formulas) which structures the water, with the Scalar Vortex Miracoil technology stabilizing the structure in the water.

This is the process which creates our various concentrates, which are then bottled into 8 ounce bottles... and which was recognized in 2002 by Masaru Emoto, as providing a stabilized structure to water.

Shortly after our collaboration began with Masaru Emoto, in January 2002, Robert Lloy submitted the base formula of his original Harmony structured water formula to the NNFA, at the convention in Las Vegas, Nevada... and received the People's Choice Award for Best Tasting Water.

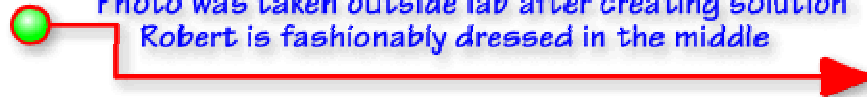
Result – Award Winning Structured Water, of the Highest Purity



Our results speak for themselves. In addition to highly satisfied, long-time customers from around the world, our structured water has also won the gold medal from the National Nutritional Foods Association, for Best Nutritional Beverage.



Robert Lloy created the concentrate that won the Gold Medal for the Peoples Choice Award!
Photo was taken outside lab after creating solution
Robert is fashionably dressed in the middle



CHAPTER 5 - Research Findings on Our Structured Water

In addition to the extensive research provided by Masaru Emoto on our water, as well as the abundant feedback we've continued to receive from our many loyal water customers, we have run many different kinds of experiments, on our water.

We have tested and re-tested the efficacy of our structured water formulas, in providing better hydration (which means greater penetration) inside your cells, where toxins can then be flushed out.

Here are the results of just two studies, using our structured water:

1. **Using Nuclear Magnetic Resonance **** (NMR is a non-invasive way to look at molecules (their composition shape and motion), our structured water has been tested against both plain distilled and tap water.

The NMR for normal tap water usually measures between 85 and 150 Hertz, indicating an unorganized state of the water and a small number of clusters.

Hexagonal Water usually measures between 60 and 70 Hz. indicating a higher percentage of clustering/hexagonal structures.

Results demonstrated that our structured water measured at 61 Hz.

(**You can read more details about these research findings in Appendix I).

2. **Water Test with RJL Bio-impedance Equipment** – Using 3 males as subjects, we performed a test to show the differences, between drinking our structured water (this test used our Purity/Clarity Structured Water formula), compared to either tap water or distilled water.

- Male #1 drank 10 ounces of tap water
- Male #2 drank 10 ounces of distilled water
- Male #3 drank 7 ounces of Purity Scalarwave Structured water

The test showed that ***drinking normal tap water*** resulted in the readings going down. This meant the tap water was *not* providing hydration inside the cells, during the 30 minute test. The chlorine etc. in the water is actually harmful to your general health condition.

In the case of ***distilled water*** the readings made little or no change. (Even still, it indicates that you're better off drinking dead [ie. without memory] distilled water than tap water).

With the ***Purity Scalarwave Structured water***, the net cell water jumped by 2.1 liters in 10 minutes, although only 200 ml of Purity Structured water was consumed.

In other words, ***drinking less than 7 ounces of Purity Scalarwave Structured water caused the cells to flush and pump out over 1/2 a gallon of cell water.***

No other water solution has been able to produce these dramatic changes.

Our hexagonal Scalarwave structured water proves it is capable of transporting nutrients and removing toxins from the cells, within less than 30 minutes of consumption.



CHAPTER 6 - Structured Water's Journey into the Inside of Your Cells...

Think of water as a “transportation system” that delivers electro-magnetic currents to fuel cellular metabolism. Water actually works to set up a resonate field through which all cells communicate.



Hexagonal water increases well-being

Can the Water from Your Tap, Fancy Filter, or Even Bottled Water Do This?

- Super hydrate your body at the cellular level
- Strengthen heart function
- Support metabolism and the digestive system
- Natural detoxification to the cells of your body by efficient hydration natural to hexagonal water

Probably NOT.

In developing our hexagonal water, we discovered that when water was exposed to a zero point field the formation of the molecules changed shape and became more stable and more tightly bound compared to normal water. This means it can better penetrate intra-cellular spaces.

“All water is not created equal, and it is the structure of the water within our bodies that ultimately determines health or sickness.”

Dr. Mu Shik Jhon

Dr. MuShik Jhon was another grandfather of the structured water movement. A Korean biochemist and water scientist, who spent over 40 years studying water, wrote over 300 scholarly articles in addition to his acclaimed book, "*Water and the Hexagonal Key*."

According to his lifelong research, most tap water and bottled water is composed of large water conglomerates which are too large to move freely into the cells. This water must first be reorganized within the body, in order to penetrate the cells.

With Hexagonally Structured Water, the Smaller Molecular Structure Actually Allows for Faster Transit Through Cellular Membranes.

This was repeatedly verified, using Bioelectrical Impedance Analysis (BIA) by Dr. MuShik Jhon.

According to Dr. MuShik Jhon, most tap water and bottled water is composed of large water conglomerates, which are *too large* to move freely into your body's cells.

Dr. MuShik Jhon stated: "When the structure of the water near cells is compromised, the cells are more vulnerable to external stimuli. Ultimately, cells surrounded by less structured water are weaker and more prone to malfunction and genetic mutation."

This less structured water must be reorganized within the body in order to be able to penetrate the cell membrane *to get inside the cells* where it can help flush out toxins and waste. And this faster transit is particularly important as we age, since aging also means it becomes more challenging for water to cross the cell membrane walls to rehydrate us.

With hexagonally structured water, the smaller molecular structure actually allows for faster transit through cellular membranes. This was repeatedly verified, using Bioelectrical Impedance Analysis (BIA) by Dr. MuShik Jhon.

And this faster transit is particularly important as we age, since aging also means it becomes more challenging for water to cross the cell membrane walls to rehydrate us.

The Role of the Pituitary Gland in Our Health

The pituitary gland is sometimes called the "master" gland of the endocrine system, because it controls the functions of the other endocrine glands.

The pituitary gland is a pea-sized gland, located at the base of the skull between the optic nerves, and it secretes hormones. Hormones are chemicals that travel through our blood stream.

Sometimes referred to as the "master gland", the pituitary controls hormone functions, such as our temperature, thyroid activity, and growth during childhood, urine production, testosterone production in males, and ovulation and estrogen production in females.

In effect, the pituitary gland functions as our thermostat, controlling all other glands that are responsible for hormone secretion.

So, it's a critical part of our ability to respond to the environment... but most often, this occurs without our conscious knowledge.

And as it turns out, *the pituitary gland also plays a major role in balancing our water levels.* Amrita is a fluid that can flow from the pituitary gland, down the throat in deep states of meditation.

The Divine frequencies that encourage the activation of Amrita were also applied to one of our structured water concentrates, called the "Spirit Molecule" Water (which you can read about in Chapter 9).

The Structure of Water

Water is a network of hydrogen-bonded molecules. It can form numerous structures depending on how individual molecules bond together. One of these structures is the hexagon, composed of six water molecules.

Hexagonal water forms an organized crystalline matrix with properties that are different from ordinary water. Hexagonal water appears to play an important role in biological functions.

According to research:

"In the human body, structured and disordered water exist at the same time and we have shown that the body's survival rate decreases as the amount of disordered water accumulates. The greater the amount of structured water in the body, the healthier an individual is, and it is not likely that disease will invade the healthy body.

Once again, an important key to health is the amount of hexagonally-structured water we have in our bodies. In the end, the one with the most Hexagonal Water wins!"

(Dr. MuShik Jhon, "The Water Puzzle and the Hexagonal Key: Scientific Evidence of Hexagonal Water and Its Positive Influence on Health!" pg. 83)

CHAPTER 7 - Water and Dis-ease... Why Structured Water is So Vital for Your Health

The Impact of Dehydration

Most diseases can be traced to dehydration. It is the number one cause of stress in the human body. When there is insufficient water, every biological function suffers.

Chronic dehydration has been linked with headaches, asthma, colitis, diabetes, heartburn, peptic ulcer pain, high blood pressure, blood cholesterol and many other symptoms. However, *our most recent research is revealing that it is not just the lack of water, but the lack of hexagonally-structured water that is of greatest importance.* (Dr. MuShik Jhon, Water and the Hexagonal Key, 2005)

So, although your focus may have been focused on the *source* of your water, *there is increasing scientific evidence that it is the structure not the source that allows your water to do its job of hydration.*

In other words, “our most recent research is revealing that it is *not just the lack of water, but the lack of hexagonally-structured water that’s of greatest importance.*” (Dr. MuShik Jhon, *Water and the Hexagonal Key*, 2005)...



Dr. Emoto's dark field microscopy photo of our Awaken Water

This could mean the difference between misery and well-being:

- headaches and focus
- depression and contentment

- fatigue and boundless energy
- dis-ease and health

The Water in Our Bodies

The human body is comprised 70% of water; 60% of that is found inside the cells (intracellular) and 40% outside of the cells (extracellular). And it is estimated that blood is approximately 83-90% water. This is why the natural detoxification process using hexagonal water may be effective.

Healthy and clean hexagonal water is essential for proper hydration of your cells. Proper hydration is essential for a healthy body and mind. But simply drinking **more** water isn't the answer.

The water from your tap, fancy filters, or even expensive bottled water *cannot* offer the level of hydration that can be found in our structured water.

Thirsty Cells Readily Absorb Structured Water

Studies have shown that cells more readily absorb hexagonally structured water. This has been verified using Bioelectrical Impedance Analysis (BIA). Donald Mayfield, NMD, DOM uses BIA and a variety of other methods to assess the level of health in his patients.

According to Dr. Mayfield, there is no question that hexagonally structured water provides more rapid hydration. Structured H₂O molecules require much less energy to achieve absorption meaning that the cells get hydrated faster and more efficiently.

Cells in your body use energy to absorb H₂O molecules for hydration. If your cells are diseased or lacking energy, they won't be able to properly absorb the water to use it. If your cells can't properly absorb and hydrate, they can't function. Your cells will die. Dehydrated, dying cells can lead to fatigue, depression and a host of other potential diseases.

Our structured water can super-hydrate, while it awakens your consciousness.

According to the late, biochemist Dr. Mu Shik Jhon, in his book "The Water Puzzle and The Hexagonal Key":

"The body cries for hexagonal water!"

This has been echoed by many of our long-time, very happy customers, one of whom wrote:

"When I first received the water, I was so thirsty for it. It satisfied a deep thirst that nothing else had satisfied. I drank the Indigo water straight from the bottle."

Angela, healer, Connecticut



What is Hexagonal Water... and Why is It the Absolute Best for Your Health?

On Dr. Mercola's site, Dr. Pollack, who has been researching structured water for over ten years, cautiously asserts:

"This is still a question open for debate. However, Dr. Pollack believes that if you're able to drink structured water, it would be good for your health. Interestingly, certain waters, such as the "healing water" from the Ganges and Lourdes, for example, have been studied and found to have the signature of the structured water found in cells.

In other words, there was a particular absorption of energy at a particular wavelength that's absolutely characteristic of the structured water.

That makes me think that there is a good possibility that the water really has the capability of retaining that structure over a long time...

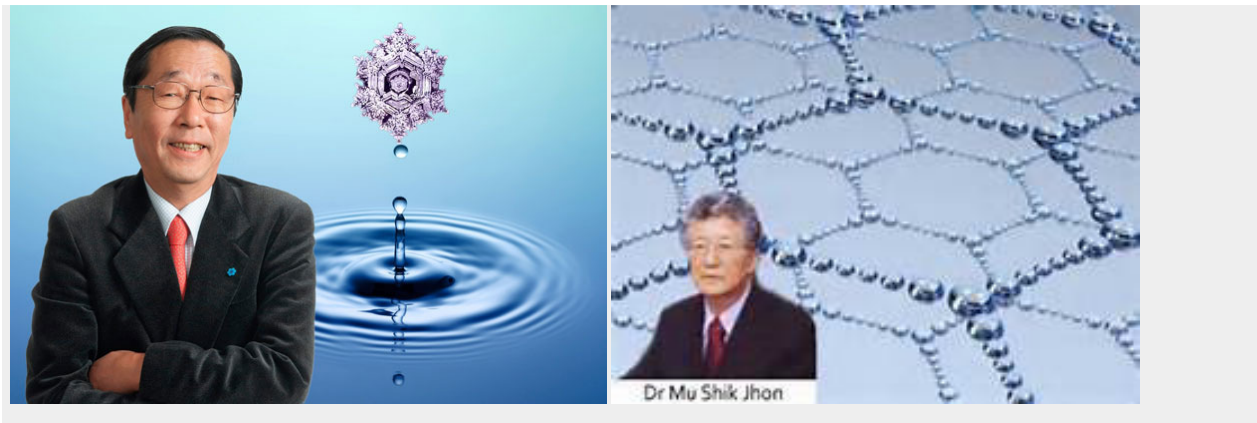
Therefore, it's possible that if you drink water that has this structure, it might be good for your health."

As you can see, Dr Pollack is raising the very pivotal question which first brought Masaru Emoto to our door - Does structured water, such as from Lourdes, have the capacity to *hold that structure long enough for it to be still structured when you drink it.*

Sadly of course, most of the structured waters, such as from Lourdes, were found by Emoto to retain their structure only temporarily. Ours was the only one Dr Emoto studied, which maintained its structured stability over time.

"Water is indeed the basis of a new science. Basic biology and health are poised for a revolution." Dr. Mae-Wan Ho

Great Minds Think Alike: Dr. Emoto and MuShik Jhon (Author of "The Water Puzzle and the Hexagonal Key")



Dr. Jhon dedicated his entire life to his pioneering research on structured, hexagonal water. His life journey concluded with the inevitable conclusion:

"Aging is a loss of Hexagonal Water from organs, tissues and cells, and an overall decrease in total body water."

Dr. MuShik Jhon, "The Water Puzzle and the Hexagonal Key"

And the late Dr. Batmanghelidj affirmed in his book, “Your Body’s Many Cries for Water”:

“Chronic cellular dehydration painfully and prematurely kills. Its initial outward manifestations have until now been labeled as diseases of unknown origin.”

Dr. Batmanghelidj was a doctor who was way ahead of his time, having learned his lessons in an Iranian prison. He commented on a future for mankind, where he envisioned that we will understand the signs and symptoms of dehydration:

“The new understanding of pain production in dehydration will shed light on cause of disease in future medical research. It exposes as detrimental to the well-being of the body the long-term use of pain medications for ‘killing’ a cardinal signal of chronic and local dehydration of the body.”

His simple quantum leap message was: **You are not sick. You are thirsty.**

Structured Water Meets the Spirit Molecule - A Marriage Made in Heaven

Our research on water, combined with our ongoing development of iQube technology, took us into still more interesting, innovative, and largely unexplored territory.

In 2014, as a result of developing the incredible power of a scalar field when 3 scalar coils are nested one inside the other (you can read about this exciting discovery in our free e-book on the Harmony iQube – available on our website link in Appendix II), we also discovered a way to imprint structured water with the vibration of the Spirit Molecule.

Produced naturally by the human body, the Spirit Molecule is often associated with out-of-body experiences, and an intensification of visual colors.

The Spirit Molecule, also known as DMT, is a substance that’s found to be naturally occurring in all life on the planet, including animals and plants, as well as humans.

In humans, it’s released by the pineal gland (as speculated by Dr. Rick Strassmann, who conducted research in DMT with humans at U. of New Mexico in the 1990’s).

Reported benefits of DMT have suggested:

- Increases in self-confidence, self-awareness, and social skills
- Reducing physical tension

- Learning to notice the clear connection between your emotions, your thoughts, and your behavior
- Becoming more playful and creative
- An expanded sense of connectedness and communication

Our Spirit Molecule water (which can be purchased on our website at <http://quantumsoundtherapy.com/structured-water/>) is a feel-good structured water formula, which some people report supports gently expanded states of consciousness.



This designer water is to help you shift your consciousness, and bring about a sense of peace and happiness. It may help you to relax deeply and create an enhanced sense of well-being. According to the research of Dr. Strassman and others, this is the substance that is usually released during the death experience.

Introducing the Pivotal Work on Consciousness and the Spirit Molecule, by Dr. Rick Strassman, MD

An expert in the research of the biology of near death and mystical experiences, Dr. Rick Strassman's research indicated that the Spirit Molecule has been used effectively for a variety of psychological and emotional blocks and energy imbalances.

Between 1990 and 1995, Dr. Strassman performed the first new human studies with consciousness expansion in the US in over 20 years. His research involved the powerful naturally-occurring compound, The Spirit Molecule.

Led to this substance through his earlier study of the pineal gland as a potential biological locus for spiritual experiences, he administered several hundred doses of the Spirit Molecule to approximately 60 volunteers.

He wrote about this research in his popular book, *“The Spirit Molecule”*, which has sold well over 100,000 copies, has been translated into 12 languages, and is now available as an audio-book. It also inspired an independent documentary by the same name, picked up by Warner Bros distributing in Fall, 2011.

With three distinguished collaborators, Dr. Strassman also co-authored *“Inner Paths to Outer Space”*, which looks more carefully at the common “other worlds” experience that volunteers frequently reported during his research.

Dr. Strassman reports that his research with the Spirit Molecule has shown that many have experienced bliss, altered consciousness states and a reduction of fear. Dr. Strassman and other researchers have stated that:

*“A certain amount of the Spirit Molecule is required to maintain correct perception.
Otherwise the world can become grey.”*

Dr. Strassman has also suggested that in many ways the Spirit Molecule is a “Thermostat for our version of reality.” The Spirit Molecule is used by the Shamans to experience altered states of consciousness and acts as a doorway to a higher awareness.

If you want to learn more about the Spirit Molecule, you can enjoy the documentary “The Spirit Molecule” available at Netflix and at www.thespiritmolecule.com. You can also purchase Dr. Rick Strassman’s book: The Spirit Molecule at Amazon.com. Dr. Strassman also has a documentary on YouTube at the cosmiccontinuum channel.



“Water is indeed the basis of a new quantum science. Basic biology and health are poised for a revolution. Liquid crystalline water is the key.” Dr. Mae-Wan Ho

CHAPTER 8 - Some of the Enthusiastic Feedback We've Received from Our Water Customers

"My son had a bad fall last summer, and since he has been drinking the water, he tells me it's the first time he wakes in the morning with no pain. I feel so blessed to have this technology available to me at this time. It is very exciting! In gratitude, love and joy, Madonna Basilici"

"I have been buying your hexagonal water now for a long time; it must be about 10 years or something like that. It definitely helps my development where I move deeper into the body and mind every day, and subsequently, become a happier person every day!!" Mariette, Yoga Center Owner, Netherlands

"Hello, Helena and Bob. Well, I came home jubilantly from the doctor visit yesterday. For the second round of blood tests, a month apart, everything is "normal."

I am excited!!! I am drinking Wellness water in the morning and focus water in the afternoon. Of course, the RJ IQube and Focus IQube are going 24/7 as well. I am taking also adrenals support drops from the homeopathic doctor. It's pretty amazing that no sign of Graves ' disease (hyper-active thyroid) is evident after being in bed with it for almost two months.

The second day after starting drinking the water, I felt better; the third day I felt like I made a complete turnaround. My energy level is back. I am back to doing yoga and two mile walks. I also want to say I find I am having deeper meditations, which I love..."

In gratitude, love and joy, Madonna Basilici, Jungian Analyst, and lifetime seeker and meditator

Luminary and visionary Sai Maa has said: "This structured water is a wet water that is capable of hydrating the cells more efficiently. This is very important to maintain your health."

"When I first received the water, I was so thirsty for it. It satisfied a deep thirst that nothing else had satisfied. I drank the Indigo water straight from the bottle."

Angela, healer, Connecticut

CHAPTER 9 - Our Award-Winning Formulas

Robert Lloy's Award Winning Harmony Structured Water



Using our Revolutionary Zero Point triple-nesting technology in our Harmony iQube, encourages balance and happiness by hydrating the body while flushing toxins.

The special frequencies in our Harmony formula also encourages the activation of Amrita.

Based upon thousands of clinical voice analyses, which revealed the needs of the physical body, this structured water formula is great to use when you want to enhance your physical body by increasing your energy and stamina.

It encourages mind-body balance and is an excellent daily water to help you accomplish all your tasks.

This wonderful structured water formula, was actually developed after a meeting with Masaru Emoto, where concerns about bird flu and various viruses were being discussed.

We left that meeting committed to creating a daily support water... one which encourages maximum cell water turnover to support and strengthen all the bodily functions, since a strong, healthy, toxin free body will have a better chance at fighting disease.

We also added a special algorithm that supports and strengthens the rhythm of the heart.

This structured water also helps your body flush out stored toxins, which in turn, also supports the immune system in the defense of the body.

As with all our structured water concentrates, the base water is taken through 13 steps while it is stripped, polished, and prepared for this new formula. We applied proprietary frequencies,

which support metabolic processing, which helps the body maintain a higher energy production.

Useful in higher-level decision-making and contributing to mental clarity, with the addition of all the Inert Noble Gases, this beverage assists in stimulating the intuitive and higher centers of the brain.

The Calm Formula



When Masaru Emoto approached us in 2002 he was very concerned about the state of the world. He felt that he wanted to create a water concentrate that calmed the state of agitation: our Calm Formula was inspired by his request.

For this newly enhanced blend, we added additional energy frequencies to our original award-winning base. Designed to deal with the mental and emotional body, this formula is designed to uplift the emotions, and create a euphoric sense of well-being.

In addition to super-hydration, it is also a “feel-good” type of drink for general uplifting of moods, to uplift the emotions and create a euphoric sense of well-being.

It assists with providing balance and harmony to the nervous system. This beverage helps stabilize and calm the active mind. We like to think of this relaxing structured water as a better means of dealing with fear and stress.

The Indigo Formula



For over 15 years we gathered information from hundreds of thousands of voice samples and brain maps.

We've worked with children who had various learning disabilities. Over the years, we came to the same conclusion as Dr. Makoto Shichida, world renowned founder of over 350 Preschool Child Academies in Japan, who teach the importance of right brain stimulation.

Masaru Emoto (EMLLOY) encouraged us to create this formula for his life-long friend, Dr. Shichida. We used the information from thousands of tests to structure a special water to encourage more right brain activity, and launched this wonderful product through our Emoto Lloy (EMLLOY) series.

This formula is designed to balance the mind and increase consciousness. We have a proprietary frequency formula to raise and imprint frequencies using our scalar vortex Miracoil technology, along with inert noble gas technology.

Our Indigo Water still contains the sound healing frequencies which won the Peoples' Choice Award in 2002 at the NNFA event in Las Vegas.

Forty years of research and investigation has resulted in the creation of proprietary sound frequency formulas that, when applied to water for 72 hours, raise its vibration and its structure to its higher potential.



Spirit Molecule Water

As mentioned earlier, this formula represents a major breakthrough in structuring concentrate. We used our new Triple nesting Scalar Vortex coils (in our Harmony iQube) to deliver the frequency information to our base concentrate.

This Spirit Molecule formula merges with Future Revolutionary Zero Point Technology, to change the very fabric of our existence.

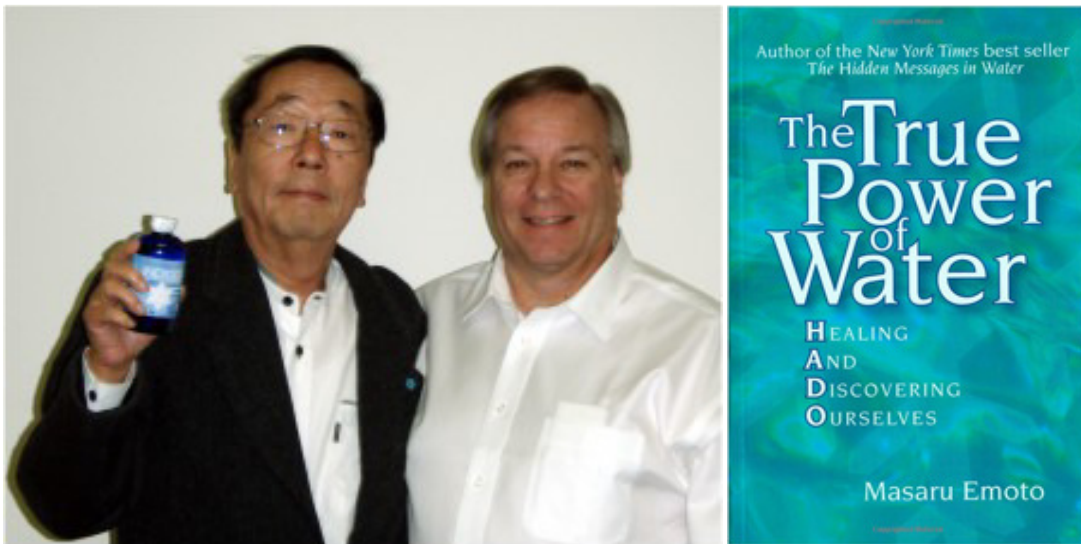
The Spirit Molecule Water encourages the stimulation and activation of the pituitary gland. A pea-sized gland located at the base of the skull between the optic nerves, the pituitary gland is sometimes called the "master" gland of the endocrine system, since it secretes hormones (chemicals that travel through our blood stream) and controls the functions of the other endocrine glands.

It also controls functions such as our temperature, helping balance our water levels, thyroid activity, growth during childhood, urine production, testosterone production in males and ovulation and estrogen production in females.

Amrita is a fluid that can flow from the pituitary gland down the throat in deep states of blissful meditation. The Divine frequencies that encourage the activation of Amrita were also applied to the Spirit Molecule Water. Feedback from some of our customers reflects their experiencing blissful states while drinking Spirit Molecule water.

This formula has been imprinted with Spirit Molecule and additional frequencies, to aid and assist the stimulation of the subtle pineal energy and the mystical experience.

*"After consuming four ounces of the Spirit Molecule water, my physiology shifted."
Anonymous*



CHAPTER 10 - Tips for Using Our Vortex Structured Water

How well your body replicates cells depends very much on the ingredients it has to do the job with.

But how the ingredients are being carried into the cells is even more important. Hexagonal Scalarwave Structured Water™ has the correct geometry to easily penetrate the membranes of the cells and deliver the ingredients.

We encourage you to drink or mix the Hexagonal Scalarwave Structured Water™ with any food, herbal shakes, protein powders, herbs or vitamin supplements etc. to boost your body's ability to absorb the nutrients.

Blending Instructions

Our new Supersmart scalar wave structured waters™ have been “Potentized” for maximum performance.

MIX: Use 1 or 2 ozs using plastic measuring cup, or plastic tablespoon or glass measuring device. *Do Not Use Metal.*

Shake Well, and let the mixed solution blend for 30 minutes before consuming.

You Must Use Distilled Water

We need to start with water that has been stripped of memory. When you mix distilled water with our concentrate, it's converted to structured water, with maximum clustering of hexagonal geometry. The new structured water produces a perfect geometric crystal.

*Do not store structured water in a plastic container as it will affect the taste. Use PET, Polycarbonate, Lexan or glass.

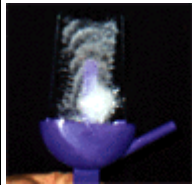
If you live in a warm area, please place the concentrate in the freezer for ½ an hour before mixing. After that, keep the concentrate in the fridge between mixing.

Taking Structured Water™

Dehydration is a major problem. Our water super-hydrates and, if given a choice, should be the only water you drink. We recommend drinking at least 2 gallons per week. Since structured Water™ tends to liberate energy, it is NOT recommended that you consume after 9 PM as it may keep you up.

“Seeing is Believing”

We think it’s very important for you to see the power of your Scalar wave structured water™. After you mix the clustered water solution with distilled water, please shake it up and put some in a clear plastic bottle and place in the freezer for a couple of days. When you re-examine the frozen water you will see the coherent, electrified, and explosive power of our micro-clustered water... Enjoy!



One of the most powerful ways to enjoy Hexagonal Scalarwave structured water™ is to make a frozen popsicle. The frozen Hexagonal Scalarwave structured water™ popsicle displays beautiful energy patterns that regular water cannot produce.

Another wonderful way to enjoy Hexagonal Scalarwave structured water™ is to mix it with cold green tea (use distilled water) and make small ice cubes (use a plastic ice tray) to suck on during the day.

CHAPTER 11- Frequently Asked Questions

Why is drinking structured water so important?

“Most diseases can be traced to dehydration. It is the number one cause of stress in the human body. When there is insufficient water, every biological function suffers. Chronic dehydration has been linked with headaches, asthma, colitis, diabetes, heartburn, peptic ulcer pain, high blood pressure, blood cholesterol and many other symptoms. However, our most recent research is revealing that it is not just the lack of water, but the lack of hexagonally-structured water that is of greatest importance.” (Dr. MuShik Jhon, Water and the Hexagonal Key, 2005)

How much water should I drink a day?

Most experts agree that a good rule of thumb is to drink at least eight 8 oz. glasses of water a day. However, since each individual is different, the [IWBA has developed a Hydration Calculator](#) that takes into account factors like weight and level of activity.

Is it better to put one, or two, ounces of Structured Water in the distilled water?

For maximum power and best results we suggest mixing 2 ounces of concentrate to 1 gallon of distilled water. The minimum mixture is 1 ounce or more of concentrate 1 gallon of distilled water. You can increase the amount of concentrate to increase the potency of the beverage. However, in truth, this is a reasonably complex issue.

We’ve had reports from many naturopathic doctors who are using the structured water with their clients. In cases of severe illness or immune dysfunction, injury or the elderly population, it can be beneficial to mix the concentrate at a two ounce ratio for the first few gallons, to jumpstart the bodily systems and observe the quickest results.

Once the body has become adjusted to the consumption of hexagonal structured water, it’s fine to go back to 1 ounce. (Economy is the issue here). As long as it’s mixed with distilled water, shaken well and refrigerated, it retains maximum hexagonal structure and potency.

The one ounce formulation allows you to drink more structured water economically. What’s most important for the body and mind, is the daily regular consumption of hexagonal structured water---making it a lifetime habit. This allows the body to begin to re-hydrate, and alters the "water environment" from unorganized to structured---the optimal condition for health.

In the words of one of our customers *"If I could only do one thing to maintain my health, it would be to drink hexagonal structured water."*

In the words of Dr. MuShik Jhon (author of "The Water Puzzle and Hexagonal Key" p.96):

"An examination of cells infected with HIV reveals the same water environment as those with cancer and diabetes - a lack of organized structure at the cellular level..."

Consumption of Hexagonal Water appears to rectify the natural balance within the body and many illnesses have been noted to improve...

In the human body, structured and disordered water exist at the same time, and we have shown that the body's survival rate decreases as the amount of disordered water accumulates.

The greater the amount of structured water in the body, the healthier an individual is, and it is not likely that disease will invade the healthy body.

Once again, an important key to health is the amount of hexagonally-structured water we have in our bodies..." p. 82

Must distilled water be used? I have a 5 stage reverse osmosis water filter in my home. Is that water not OK?

Reverse Osmosis water is definitely not effective as the base. The reason is that reverse osmosis water is not adequately purified - it has particles and minerals known as solids remaining, which may interfere with the imprinting of the signatures from the hexagonal structured water concentrate.

Structured water can amplify whatever hard particles remain. This interferes with the frequency information.

Distilled water is best, because it's devoid of memory and particles.

Should the water be shaken before drinking?

Absolutely. It's important to shake the container six or seven times. This allows the structured concentrate to communicate with and give the frequency information to the entire gallon of distilled water.

Think of this in terms of circulation... The hexagonal water is circulating and imprinting the rest of the water with its frequencies, to transform it to an organized hexagonal state.

Once the water is mixed, does it need to be refrigerated?

The Structured Water says to refrigerate after the bottle is open.

The eight ounce bottle of hexagonal structured concentrate should always be refrigerated after opening. This is common-sense hygiene. Once any product has been opened, environmental bacteria can grow when warm and exposed to airborne particles.

Also, the eight ounce concentrate may be used over a period of four weeks so it's mandatory to keep the bottle in the refrigerator after opening.

Once the product has been mixed for consumption, refrigeration is optional, yet beneficial research indicates conclusively that water maintains its hexagonal structure at the optimal level in cooler temperatures. So refrigeration maintains the optimal potency and geometry of the hexagonal structure.

Additionally, it's important not to heat the hexagonal water, or expose it to microwave frequencies. It can be added to teas (after slight cooling), juices, protein drinks, etc. But once boiled, it will lose the geometry and therefore decreases the health benefits.

And then there is the age-old question: "Is Drinking Cold Water Better?"

Once again we refer you to p. 08 of Dr. Jhon's book:

"Is it important to drink it cold? This is an interesting question. In light of our research, we know that cold water contains a higher percentage of hexagonal structures. We also know that as soon as cold water enters the body it is no longer cold. Does this affect the structure of the water?

Yes. It does. However, if you recall, we discussed that water has a kind of memory. When consumed, Hexagonal Water temporarily changes predominantly to pentagonal water and the hexagonal structure is broken. But when water assumes its functions within a biological organism, it has the capacity to transform back to its original molecular structure. With this in mind, the most important consideration is whether or not the water was hexagonally structured before drinking. By using some form of structuring process (such as Scalarwave technology), the water is energetically altered and preconditioned to hold the hexagonal form. (From "The Water Puzzle and the Hexagonal Key")

What is the PH of Structured water?

Once again, this a complex issue, and oft misunderstood. The Structured Water will balance the Ph of the human body when consumed. This is different than high Ph water. that's usually created by the addition of specific minerals, etc. Mineral enhanced water with a high Ph,

should only be consumed for two weeks maximum. The health benefits diminish greatly and become detrimental. However, in the field of natural medicine these days, there is increasing focus on the alkaline/acid balance of the human body. Acidity is related to a loss of health and compromised immune system.

Simply stated, with the structured water, if the individual's organs and chemistry are too acidic, it will balance this. If they are excessively alkaline, it will balance this. A conventional urine analysis strip will show this, within a few minutes of consumption of hexagonal/Structured water.

Our research also indicates that the organs and their function will balance as well. The Ph of the water is not as significant as the molecular size, and the hexagonal structure.

In summary, the Ph of hexagonal water, when measured by conventional means, could lead to misunderstanding. What is most significant, is understanding that when Hexagonal Structured Water is consumed, the alkaline/acid balance in your body is restored to its optimal level. This is one of the factors in the restoration of perfect health.

Epilogue

To order our structured water concentrates, please go to
<http://quantumsoundtherapy.com/products/structured-water/>

To read about how you can access our other free e-books, and other resources on our website, please check out Appendix II below.

We hope the information and research in this booklet has been helpful to you, in understanding the vital importance of hydrating your body with structured water. Thank you for investing in your own health and wellness, by reading this e-book.

Here's to your health and well-being!

APPENDIX I – Results from our NMR Water Experiments

NMR is a non-invasive way to look at molecules - their composition shape and motion. Nuclear Magnetic Resonance

The NMR linewidth value reflects the potential interaction between water in its different physical shapes. The narrower (or smaller the value of) the linewidth, the less the water molecules are changing physical states or environments. Water samples with narrow (or small) linewidths (FWHH) therefore have a more static (non-changing) and stable physical environment of the liquid water molecules that comprise it.

The 170 - NMR for normal tap water usually measures between 85 and 150 Hertz, indicating an unorganized state of the water and a cluster size of (H₂O)₁₂₋₁₃. Hexagonal Water usually measures between 60 and 70 Hz. indicating a higher percentage of 6 ring structures (H₂O)₆

Sample	Linewidth FHHW (Hz)
Hexagonal Scalarwave Structured Water	61
Home Tap Water	84
Arrowhead Water	91
Kirkland Water	135

Our Hexagonal Scalarwave Structured Water produced an MNR reading of 61 Hertz. We only use distilled water in our water structuring process. The NMR change to 61 indicates that we took a very disordered distilled water and converted it to an extremely coherent water using our Scalarwave Technology.

You must mix distilled water with our structured concentrate. You must start with water that has been stripped of memory (distilled). When you mix distilled water with our concentrate it is converted to structured water. The new structured water produces a perfect geometric crystal structure. Our crystals images were created in Japan from the "Purity/Clarity", "Super", "Supercalm" and "Indigo" concentrates.

Water Test with RJL Bioimpedance Equipment

Test using Purity/Clarity Structured Water

Male #1 has been drinking Scalarwave Structured water. He drank 7 ounces of Purity Scalarwave Structured water

Male #2 has not been drinking Scalarwave Structured water. He drank 10 ounces of tap water

Male #3 has not been drinking Scalarwave Structured water. He drank 10 ounces of distilled water

We performed a test to show what happens when you drink Purity Scalarwave Structured water, tap water and distilled water. The tests show that when we drank normal tap water the readings went down indicating that the water did not change the Intracellular Water or Extracellular Water during the 30 minute test.

The chlorine etc. in the water is actually harmful to your Phase angle (general health condition). When you look at the photos of tap water or distilled water, it becomes obvious that they would be very slow and inefficient at hydrating the cells and flushing toxins from your system.

In the case of distilled water the readings made little or no change. Even still, it indicates that you are better off drinking dead (without memory) distilled water then tap water.

In the case of Purity Scalarwave Structured water, the net cell water jumped by 2.1 liters in 10 minutes although only 200 ml of Purity Scalarwave Structured water was consumed. In other words, less then 7 ounces of Purity Scalarwave Structured water caused the cells to flush and pump over 1/2 a gallon of cell water. Every test shows an improvement after drinking 200 ml of Purity Scalarwave Structured water.

No other solution has been able to produce these dramatic changes. Our perfect hexagonal Scalarwave structured water proves it is capable of transporting nutrients and removing toxins from the cells. 2nd test was taken 30 minutes after consuming solutions.

Phase Angle

	Arrival #1 male	200 ml Purity Scalarwave Structured water	Arrival #2 male	30 min Tap Water	Arrival #3 male	30 min Distilled
R/Xc (ohms)	433/55	410/60	479/56	486/56	469/64	469/64
Phase Angle	7.2	8.3 (+1.1)	6.7	6.6 (-.1)	7.8	7.9 (+.1)
Weight (lb)	200	200	185	185	175.0	175.0
BCM (lb)	74.2	79.3	71.9	71.1	72.4	73.0
FFM (lb)	153.6	155.6	149.3	148.7	142.9	143.3
ECT (lb)	79.5	76.3	77.4	77.6	70.4	70.3
Fat (lb)	46.4	44.4	35.7	36.3	32.1	31.7
TBW (L)	50.3	51.3	48.8	48.5	46.5	46.7
ICW (L)	30.7	32.8	29.7	29.4	30.0	30.2
ECW (L)	19.6	18.5	19.0	19.1	16.5	16.5
BMR (Kcal)	1747	1793	1767	1760	1806	1811
ZI	1427	1635	1333	1318	1548	1561

The key points are

The net cell water jumped by 2.1 liters. In other words less than 7 ounces of Purity Scalarwave Structured water caused the cells to flush and pump over 1/2 a gallon of cell water. Every test shows an improvement after drinking Purity hexagonal Scalarwave Structured water.

What is Phase Angle

Phase angle is based on total body resistance and reactance and is independent of height, weight and body fat. Lower phase angles appear to be consistent with either cell death or a breakdown of the cell membrane. Higher phase angles appear to be consistent with large quantities of intact cell membranes and body cell mass. All living substances have a phase angle. In fresh uncooked vegetables phase angle can exceed 45 degrees. In cooked vegetables phase angle is zero because they are dead.

Why is Phase Angle Important

Phase angle is a predictor of outcome and indicates the course of disease and increases as the result of optimal health based on good nutrition and constant exercise. As we get older phase angle will decrease and will be approximately 4 or less when we die. Fit adolescents may have a phase angle greater than 10. This effect is a result of cell integrity due to age. Good fitness and life style is the key to maintaining a healthy phase angle.

Low phase angles are consistent with:

1. Malnutrition
2. HIV/AIDS infection
3. Cancer (most types)
4. Abusive life style
5. Chronic Alcoholism
6. Old Age (80 - 100 years)

If the fluid you drink is not able to hydrate and flush the toxins from your cells then your health and welfare are subject to these pollutants. Depression etc. is a direct result of toxin buildup. The battle to hydrate cells must be considered as the first line of defense to your health and feeling of well being.

What is parallel capacitance

All living things are made of cells. Cells are membrane bounded compartments filled with a concentrated solution of chemicals and salts. Groups of cells perform specialized functions and are linked by an intricate communications system. The cell membrane maintains an ion concentration gradient between the intracellular and extracellular spaces. This gradient creates

an electrical potential difference across the membrane which is essential to cell survival. Electrical gradients are necessary to support movement of oxygen, carbon dioxide and nutrients. Therefore, the cell membrane has electrically insulating qualities of capacitance.

Electrical capacitance will increase or decrease depending on the health and the number of cells. Damage to the cell membrane, and its functions, is as lethal to the cell as direct damage to the nucleus itself.

Parallel Capacitance

Subject capacitance (pf)	Capacitance (pico farads)	Cell health based on parallel capacitance
Test 2 reading (1112) Purity/Clarity Scalarwave water	1105 - 1312	Extremely healthy
Test 1 base reading - 976	1002 - 1104	Optimal health
	796 - 1001	Average (moderate)
	693 - 795	Sedentary
	486 - 692	Fatigued
	Below 485	Medical attention

The subject's Parallel Capacitance, which measures the cell membrane's health jumped to 1112 pico farads ten minutes after drinking Purity Scalarwave Structured water. This reading indicates an extremely healthy individual.

As we get older these reading go down and deteriorate, but the tests indicate the subject compares to a super active and healthy 8 to 10 year old child.

Why is parallel capacitance important?

The cell membrane functions as a permeable barrier separating the intracellular (cytoplasm) and extracellular components. The lipid membrane is transversed by proteins which are soluble in water thus making pores which water, ions and other chemicals can enter and exit the cell.

APPENDIX II – 3 Other Resources for You

1. The Free Online Tele-Seminar Series

Over the past number of years, we've continued to provide free online training about our technology for you, as part of our heart-commitment to sharing these tools widely, and to educate about them, given they're ahead of our times.

Although they may seem similar to other technologies on the planet, they're really not.

We've learned *a lot* about what they *are*, and how they transform human consciousness - it's an ongoing learning curve for us too! Because these tools are multi-dimensional, we're always continuing to learn more and more about how this impacts on our daily lives, and our own human evolutionary journey.

Our own journey with these tools has been a very long one. Robert Lloy has spent over 40 years developing them. And I have worked with Robert for over 20 of those years. It's been a long and fruitful journey together with this amazing technology.

However, the journey between 2011 and 2015 in particular, has been an intense one, as we've continued to be guided to create an entire new line of iQubes (of which Harmony is one). Although all these iQubes share some common features, each also has some unique features.

This then is what we're committed to sharing with you, as we all continue to expand our consciousness together: our evolving understanding of how these tools propel we humans forward and up, easily and quickly, into expanded states of consciousness, out of separation consciousness and back into the interconnected unified field.

These are states of consciousness which historically have taken sages and shamans, mystics and monks many decades of long and concerted daily practice to achieve.

Now, with these tools, these states of greater joy and bliss become available to each of us. It's as easy as plugging in one of our iQubes, letting it run in your home or office 24/7 and 365, re-training your brain, neurologically and physiologically. This profoundly changes your state of consciousness, and thus your perception of life. Change your brain, change your life.

Seems hard to believe? We get that. The journey to *really* understanding this comes with time, information... and most profoundly, via your own personal experience.

On our multiple tele-seminar series, you'll find what's new, in our discovery process. We share all the latest updates, and have interviews with other experts in the field, as well as with those whose lives are being profoundly transformed, as a result of living with an iQube.

At the end of each tele-seminar, I also offer a guided visualization/meditation, where some of the specific frequencies are played.

This offers you an opportunity to both learn by listening, and by experiencing some of the frequencies.

Given you won't be listening within the coherent scalar energy field of Harmony, your online experience cannot offer you the depth that's offered by the power of listening within an iQube's scalar field.

So, to maximize your experience as much as possible (given these limitations), we recommend you use external speakers on your laptop or computer when listening to the frequencies – internal computer/laptop speakers won't give you the full spectrum of frequencies.

Even with the bandwidth limitations, and no scalar energy field around you as you listen, make no mistake: Many in our Tribe have reported that **these frequencies, even in an online format, can be powerful and transformative:**

Here's what one iQube owner said about having listened to some of our online frequencies:

"If anyone wonders if these online frequencies are powerful... I hope they read this, and really feel just how powerful they are – they totally changed my life..."

After more than 30 years of trying endless different 'healing tools', these are the only ones I've found that have profoundly shifted my energy, at an unconscious level... in just 2 sessions, online. Wow.

(And without me needing to first consciously understand it. Double wow).

I feel so much gratitude for this gift. Beyond measuring, these frequencies (along with my iQube) have been absolutely priceless to my soul's evolution." deb s, ON. Canada

Here's the link to the free tele-seminar series... we hope you in-joy the experience. And, as always, we welcome your feedback!

<http://www.quantumsoundtherapy.com/teleseminar-replays/>

2. A Short Video: Introducing Our Scalar Architect

Now that you've had a chance to read through this handbook of information, the science behind our OM Pocket, and our tips and techniques, here's a short, four-minute video, where our Scalar Architect explains the quantum physics of our scalar wave technology:

<https://www.youtube.com/watch?v=Xvhl9pfi1Kg>

We hope all this information supports your clear understanding of how the OM Pocket works, and just how profoundly it can affect your journey into more expansive consciousness... into more of your own unique evolutionary potential.

3. Some More Resources... Our Other e-Books

This e-book is about our structured water. We hope you've found it to be both educational and helpful.

We also have free e-books available about our portable OM Pocket (intended to travel with you day and night), and some of our stationary iQubes – all of which can powerfully coordinate and enhance your experiences with drinking our structured water.

Our stationary iQubes are all plug-and-play quantum scalar devices which, due to their unique sacred geometry, each create large scalar fields, which can impact on your home, your community and (with our beautiful Tesla iQube) even contribute to creating planetary change.

Plus, of course, we have an e-book which explains how your own voice can help you powerfully and easily de-stress and transform your life (that's our Cloud Sound Therapy booklet, below).

You can find out more about them (including downloading their free e-books) here:

Our OM Pocket: <http://quantumsoundtherapy.com/ompocket-iqube/>

Our Theta Love iQube: <http://quantumsoundtherapy.com/products/iqubes/theta-love/>

Cloud Sound Therapy: <http://quantumsoundtherapy.com/cloud-sound-therapy/>